Contestant song entries for the Polka category must be a Texas polka song standard, or a medley of Texas polka standards. Find lists and sheet music of select recommended Texas polka songs, courtesy of Vitak Elsnic Company, a Division of Music Publishers of America by visiting the links below:

- Polka Solos
- Schottische
- Waltz Solos

If finances are a concern, Big Squeeze contestants who need access to music can receive compensated sheet music by reaching out to Vitak Elsnic Company directly at lori@alexmeixner.com and zupe@mac.com.

If you have questions about if the song you are performing fits the Polka category guidelines, please contact Texas Folklife at bigsqueeze@texasfolklife.org.